

Newsletter

Friday 2nd October 2026 Issue 05



What a lovely week it has been!

Today started with waving lots of very excited year 7s off on their first school trip to Colchester Zoo. I'm sure they have all had a fantastic time, and I'm looking forward to hearing all about it!

My year 6 primary school tours have continued this week, and they are always such a lovely opportunity to show off our school. I never get tired of welcoming visitors and showing them just how amazing Passmores is. Seeing our students working hard, engaging in their lessons and being their brilliant selves as we make our way around the school never fails to make me feel incredibly proud.

Another highlight of my week was meeting with some of our Year 11 students over a hot chocolate to celebrate the progress they have made following their Year 10 mock results. They are working incredibly hard, so it is only right that we take the time to recognise and celebrate their achievements. I'm looking forward to meeting with another group on Monday — more hot chocolate and more celebrations!

Talking of which, don't forget that if you haven't yet signed up to join us for our parent Chit, Chat, Coffee & Croissant morning on Monday 19th October, there is still time to register. Simply click the [link](#) to book your place.

Today we shortlisted applicants for the final stage of the Deputy Head Student interview process. All candidates have been exceptional, but we can't take everyone through. So, next week, the final eight will have the opportunity to meet with some of our Governors before the all-important student vote takes place the following week. We wish everyone the very best of luck!

Natalie Christie
Principal of Passmores Academy

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FORTHCOMING EVENTS

Don't forget to follow us...



Arbor



www.passmoresacademy.com

TOP PASSMORES POINTS ACHIEVERS

Friday 25th September to Thursday 1st October 2026

Manea, David	Year 7	195
Adejare, Tiwalola	Year 7	183
Guiver-kirk, Amber	Year 7	179
Spasov, Georgi	Year 7	175
Kemp, Dulcie	Year 7	174
Madana, Erina	Year 7	174
Challis, Michael	Year 7	163
Brooks, Luke	Year 7	158
Kuzmin, Nurkhan	Year 7	157
Watts, Emily	Year 7	151

Mfon, Makiah	Year 10	135
Drzewiecka, Amelia	Year 10	134
Layzell-Whitchurch, Amy	Year 10	133
Kundrotaite, Evita	Year 10	132
Salter, Ruby-Mae	Year 10	130
Taylor, Luke	Year 10	129
Gaine, Lexi	Year 10	127
Pay, Amelia	Year 10	127
Serpytis, Aaron	Year 10	127
Ozimek, Nela	Year 10	126

Bartram, Indie	Year 8	160
Wallace, Molly	Year 8	148
Kozikowska, Ola	Year 8	138
Samain-Fountain, Sienna	Year 8	135
Holcroft, Sofia	Year 8	134
Bloor, Darcey	Year 8	132
Norris, Mason	Year 8	132
DeSilva, Jesse	Year 8	131
Cotorobai, Vlad	Year 8	130
Rollinson, Ava	Year 8	130

Parnham, Bailey	Year 11	140
Frimpong, Abena	Year 11	131
Cudmore, Samuel	Year 11	128
Gunter, Noah	Year 11	122
Defor, Othniel	Year 11	118
Abbott, Sofia	Year 11	114
Smith, Stan	Year 11	114
Youens, Ryan	Year 11	113
Hills, Ronnie	Year 11	111
Norburn, Amber	Year 11	111

Kadwill, Jacob	Year 9	138
Ford, Grayson	Year 9	137
Thompson, Corey	Year 9	124
Rothon, Alice	Year 9	123
Seip, Joshua	Year 9	122
Mimms, Joshua	Year 9	121
Loader, Daisy	Year 9	116
Byrne, Harley	Year 9	114
Stoker, Sidney	Year 9	114
Chui, Kingsley	Year 9	113

Year Group Attendance w/c 28 th September 2026	
Year 7	96.24%
Year 8	91.33%
Year 9	91.83%
Year 10	89.2%
Year 11	87.64%
All Students	91.28%

Pastoral Update

It has been another busy and positive week across our pastoral curriculum, with students engaging in a range of activities designed to develop their knowledge, resilience, confidence and preparation for the future...

Years 7–9: Global Climate Week & Resilience

Students in Years 7–9 have been exploring Global Climate Week, developing their understanding of important global issues and considering the impact we can all have on the world around us.



Our Year 7 students also took part in a Road Safety performance on Monday, providing an engaging opportunity to learn about the importance of making safe and responsible choices. Students in Years 7–9 have also taken part in a *Mind Matters* presentation focusing on resilience and the importance of positive attendance, helping them understand how these can support their success both in and outside of school.

Year 10: Current Affairs, Leadership & Democracy

Year 10 have continued to develop their understanding of current affairs through their *In the News* sessions, exploring the question “Who is our new Prime Minister?” They have also taken part in a *Mind Matters* presentation and had the opportunity to get involved in the Young Essex Assembly elections, considering whether they could be the next Young Essex Assembly Member.



Applications for our Deputy Head Student positions have now closed, and we are looking forward to finding out which two students will be successful in securing these important leadership positions.

Year 11: Preparing for the Future

For Year 11, the focus continues to be firmly on preparing for life beyond Passmores. Students have continued with an assembly from Frederick Gibberd College, helping them explore their post-16 options and future pathways.



Our Rising Stars programme is now well underway, providing targeted Maths and English intervention to support selected students as they work towards achieving their potential. Students have also begun working on personal statements and CVs, developing valuable skills that will support them as they move towards further education, training and employment.

Across the School

Our Scholars have also had their first meeting of the academic year, marking the beginning of another exciting year for our Scholars programme.

Finally, a huge thank you to parents and carers for your continued support with our uniform expectations, particularly around skirts and nails. Your support in helping students arrive at school ready to learn and meet our expectations makes a real difference.

It has been fantastic to see students across all year groups engaging positively with the opportunities available to them, continuing to develop the knowledge, skills and confidence they need both now and for their future.



Weekly Winners	
Week Commencing: 28 th September 2026	
	Danielle Erikume
	Brinley Buston
	Mason Webb
	Melody Everett
	Scarlett Nolan
	Kitty Perkins
	Sadie Marsh
	Luke Horey
	Dylan Lander
	Maxwell Coleman

Year 7 Trips

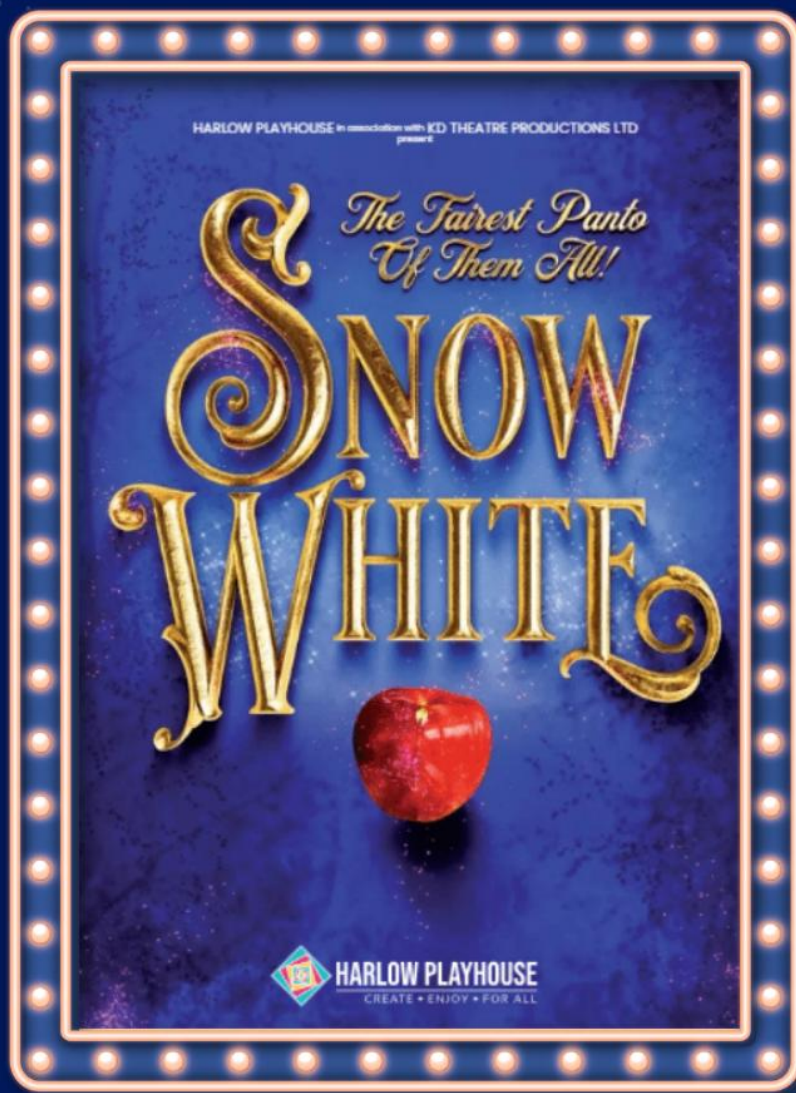
We have 2 fantastic trip opportunities for our Year 7s...

Trip Name	Date	Closing Date	Amount
Panto at the Harlow Playhouse	Wednesday 2nd December 2026	Friday 13 th November 2026	£13
Essex Outdoors Mersea	Sunday 20th June to Wednesday 23rd June 2027	Deposit of £55 by Monday 3 rd November 2026 (final deadline of Monday 1 st June 2027)	£305



YEAR 7 TRIP TO MERSEA 20-23 JUNE 2027
SIGN UP VIA ARBOR UNDER TRIPS

PASSMORES ACADEMY (YEAR 7&8)
PANTO VISIT TO THE HARLOW PLAYHOUSE



WEDNESDAY 2 DECEMBER 2026

Purchase Tickets Via Arbor
under Trips



Our School Needs You!

VACANCY PARENT OR COMMUNITY GOVERNOR

Who we are:

The Governing Body currently consists of the principal, staff members, parent governors and community governors. We are a friendly team that work with each other and the staff to ensure the students can reach their full potential whilst at Passmores Academy.

What we do:

The governors are interested in ensuring the students at the school get the best possible education, and we work towards this by volunteering in a variety of ways. One of our main duties is to meet as a team to discuss and review school policies and other school business. These meetings take place during the evening several times a term and are face to face at the school.

Each of us are linked with specific areas and subjects within the school and we monitor these throughout the academic year by communicating with the staff responsible for these areas, and by spending time in school.

We also support the school and students in other ways, for example being present at school events such as school events, sports days, and the recruitment of new staff.

What makes a good Governor:

School governors can be employed part time or full time, self-employed, a stay-at-home parent or retired. Formal qualifications are not necessary, just the ability to work as part of a team, have an interest in how the school runs, and be able to ask questions. Training is provided, and the team are friendly and supportive to new members.

Interested in joining the team:

If you would like more information about being a governor at Passmores Academy or are interested in joining the team, please contact k.townsend@pclc.co.uk

French

Phonics Learning Through Songs and Rhymes

Our pupils are continuing to develop their French phonics skills at Key Stage 3, building confidence in recognising and producing the sounds of the French language.



Songs and rhymes are a fun and memorable way for pupils to practise pronunciation, helping them make connections between sounds, spelling and meaning. Regular repetition also helps new sounds become more familiar and easier to use when speaking, reading and spelling French.

Each week, we'll be sharing one of our French Phonics Songs of the Week – giving you a little insight into the songs and rhymes pupils are using in their French lessons.

Why not have a listen and see if you can join in at home...



[Les mois de l'année - alain le lait \(French months of the year\) \(youtube.com\)](#)

Attendance Counts Attendance = Rewards!



Be in. Be on time. Be in with a chance to WIN!
Monday 28 September - Friday 2 October 2026

Most improved house

Dragon - improved by 2.49%



Weekly Tutor Group Challenge

Congratulations to the following form groups for the top attendance

Dragon - D3 99.6%

Griffin - G7 98.3%

Lion - L6 97.4%

Unicorn - U1 97.9%



Keep up the good work! We hope you enjoy your sweets.

House Attendance Challenge

Griffin House - 91.89% - WINNERS!!

Dragon House - 91.85%

Lion House - 90.93%

Unicorn House - 90.7%



Every day counts. Every lesson counts.
Every student makes a difference!

Meet the Attendance Team



Keith Riley

Assistant Principal; Senior Attendance Champion and Wellbeing



Kerry Lawson

Attendance & Family Liaison Officer/Deputy DSL



Estelle Savidge

Attendance Engagement Facilitator



Sophie Duggins

Attendance Officer



Jemma Shiels

Attendance Administrator



Find us in Y103

Upstairs Lion corridor



SCHOOL TOURS

Thinking about joining us in Year 7?

Year 6 Tours run every Thursday at 9:00am &
10:00am this September & October 2026!

Call Miss Stearn or email

k.stearn@passmoresacademy.com
to book your place.

We can't wait to meet you!



BOTTLE LIDS

Small lids make a **BIG** difference! ♥

WE NEED YOU!

RECYCLE
RE-USE
CREATE
A BRIGHTER
FUTURE! ♥



Our Design and Technology students are collecting plastic bottle lids (HDPE) which we melt down and turn into recycled plastic sheets for projects.

It's a brilliant way to show real life recycling and re-purposing!



HDPE

COLLECT THEM!

CLEAN THEM!

BRING THEM IN!

NO GREEN LIDS PLEASE!

We have tons of those already!



WE CAN TAKE:

- Milk bottle lids
- Drink bottle lids
- Sauce bottle lids
- Shampoo lids
- Any HDPE plastic lids in any colour (except green!)

PLEASE DROP THEM TO:



The lid drop box in downstairs Dragon, D002, D003 or the Technicians Office.

THANK YOU! ♥

Together we can make a difference!

REDUCE



REUSE



RECYCLE



CREATE

EXTRA-CURRICULAR TIMETABLE

SEPT-OCT 2026

Dept.	Club	Day	Time	Room	Staff	Duration
Music	Steel Pans Student Group 1	Monday	3.30-4.30	L19	DBK/JDE	Termly
Music	Steel Pans Student Group 2	Monday	4.30-5.30	L19	DBK/JDE	Termly
Music	Steel Pans Adult Group	Monday	5.30-6.30	L19	DBK/JDE	N/A
Music	Passmores Music School Tuition	Tuesday	3.30-9.00	Music Dept	LHD	N/A
Science	Youth Club	Tuesday	3.30-5.00	Heartspace	AOS/AMT	Termly
Computer Science	Computing Club	Tuesday	3.25-4.15	tbc	AHN	Termly
Music	Year 11 Band	Wednesday	3.20-4.00	L19	DBR	Termly
Music	Piano Keyboard Club	Wednesday	3.20-3.50	L110	DBR	Termly
Drama	Year 9 - 11 Excellence Club	Wednesday	3.30-4.30	L107/L106	JGR	Termly
Music	Soul Band	Thursday	3.20-4.00	L19	DBR	Termly
Music	GCSE Booster Session	Thursday	3.20-4.00	L110	DBR	Termly
Geography	Geography Film Club	Thursday	3.20-4.20	U005	VNS	Weekly
Drama	KS3 Drama Club	Thursday	3.30-4.30	L107/L107/H all	JGR/PTG	Termly
Art	GCSE Art Club	Thursday	3.15-4.15	L106	GHS	Termly
Science	STEM CLUB	Thursday	3:20-4.20	L02	AOS	Termly
Music	Samba Band	Thursday & Friday	Break	L106	GAN	Termly

PE EXTRA-CURRICULAR TIMETABLE SEPT-OCT 2026				
DAY	BREAK 10:55 – 11:15	STAFF	AFTERSCHOOL 3:30 – 4:15	STAFF
MONDAY	BASKETBALL SPORTS HALL	EAD		
	FOOTBALL ASTRO TURF	JKG		
TUESDAY	BASKETBALL SPORTS HALL	ADN	NETBALL - COURTS	OWY GCI ADN
	FOOTBALL ASTRO TURF	JWR	GYM	AMN JKG
WEDNESDAY	BASKETBALL SPORTS HALL	OWY	FOOTBALL – ASTRO TURF	AMN JKG JWR
	FOOTBALL ASTRO TURF	BBS	GYM	GCI AND
THURSDAY	BASKETBALL SPORTS HALL	GCI	BASKETBALL – SPORTS HALL	EAD
	FOOTBALL ASTRO TURF	BMY	GYM	OWY JWR
FRIDAY	BASKETBALL - SPORTS HALL	DLN	BTEC COURSEWORK CATCH UP PE DETENTIONS	
	FOOTBALL ASTRO TURF	AMN		

Work Experience – WE NEED YOU!

At Passmores Academy, we want every student to leave school with a better understanding of the opportunities available to them and the confidence to pursue them. We are therefore now offering work experience to our year 10 students during the week of the 8th-12th February 2027.



Ideally, we would love students to complete a 5-day placement, and we are reaching out to you as parents/carers/employers to ask if you can help us by offering placements.

This is such a great opportunity for our students to develop confidence and workplace awareness, understand the skills needed for future success to help them to make more informed decisions about future study and careers. Every workplace has something valuable to offer, and every experience can help shape a student's future.

Parents and carers are often a young person's biggest source of career inspiration, and we'd love to hear from you, do you work for an organisation that could support our students. If you, your employer, or someone in your network could support this initiative, we'd love to hear from you.

Please get in touch with Sara Simpson, Work Experience Co-ordinator,
s.simpson@passmoresacademy.com.

Year 11 – Important Dates...

The following assemblies have been arranged for you; all students will attend the Harlow & Writtle College presentations, but the sixth forms will be your choice.



The assemblies will be from 1.15pm - 1.45pm in the main hall.

- Wednesday 7th October, Writtle College
- Thursday 8th October, Stansted Airport College
- Wednesday 21st October, Leventhorpe 6th Form

Our Careers Fair is being held on Thursday 8th October, 4.30pm - 7:00pm at Stewards Academy. We really would like to see as many of our students there possible. (See poster attached on the next page).

Julie Kay
Careers Advisor

Year 11 College & Sixth Form Open Dates...

Sir Frederick Gibberd Sixth Form, Weds 7th October, 5.00pm-8.00pm

Stansted Airport College, Sat 10th October, 10am-2.00pm

Writtle College, Sat 10th October, 10.00am

Harlow College, Thurs 15th October, 5.00pm-8.00pm

Braintree College, Mon 19th October, 5.00pm-7.00pm

Cambridge Regional College, Weds 21st October, 4.30pm-7.00pm

Leventhorpe Sixth Form, Tues 3rd November

Epping St Johns Sixth Form, Weds 4th November

The Bishops Stortford High School, Thurs 5th November, 5.45pm-8.30pm

Presdales Sixth Form, Thurs 12th November, 6.00pm-8.00pm

Thursday 8th October 2026 - Careers Fair:

An Opportunity Not to Be Missed!

The Careers Fair is a joint venture between Passmores Academy and Stewards Academy, aimed at students in Years 10 and 11.

This is a fantastic opportunity for students and their families to find out more about the wide range of local post-16 options, all under one roof. There will be a wide variety of exhibitors, including local sixth forms, colleges, universities, employers and training providers.

Students will be able to explore opportunities across a range of exciting sectors, with representatives from organisations including the NHS, hairdressing, motor trade, construction, aviation, sport, care and many more.

The Careers Fair is a valuable chance for your young person to ask questions; explore different pathways and gain the information they need to make informed choices about their future after Year 11.

It really is an opportunity that is too good to miss!

Please come along and support your young person as they begin to explore the exciting opportunities available to them after Year 11.



Stansted Airport College Open Evening – Saturday 10 October, 10am-2pm

Witness the sights and sounds of a new campus located in the hustle and bustle of a busy airport whilst meeting our tutors and trainees.

Tickets for STAC event are available on Ticket Source:

<https://www.ticketsource.com/harlow-college/e-bpkgmv>



Harlow College Open Evening – Thursday 15 October, 5-8pm

Showcasing their vocational courses, A Levels, T Levels and Apprenticeships offer, including their SEND provision, as well as higher level and adult & part-time courses.

Tickets for Harlow College event are available on Ticket Source:

<https://www.ticketsource.com/harlow-college/e-xmgpey>



Live online Career Experience Days for students aged 13–18

Experience days in a range of sectors during Oct, Nov and Dec. The cost of these is £79. Sectors represented include Medicine, Dentistry, Veterinary Medicine, Computer Science, Performing Arts, Midwifery, Psychology, Architecture, Engineering, Law and Business.

They are all online and include a certificate of completion. To find out more and book, click on this link: [**CareerDays.co.uk**](https://www.careerdays.co.uk)

Future Doctors Month



Four free, live online medical work experience sessions for students aged 14–18. Students can join doctors each Sunday and work through a different interactive medical scenario:

11 October — A&E: Can You Save the Patient?

Students assess an emergency patient and decide what should happen next.

18 October — Inside the Operating Theatre: Anaesthetics

Explore anaesthesia, airway management, monitoring and how patients are kept safe during surgery.

25 October — The Diagnosis Challenge: Medical Detective

Students investigate a mystery patient, interpret the evidence and work towards a diagnosis.

1 November — Outbreak: Can You Stop the Spread?

Investigate an infectious disease outbreak and make clinical and public-health decisions.

All sessions are **live online at 2pm UK time** and recordings will be available afterwards, so students don't need to attend live. At the end of the programme, students can take their **Future Doctors Knowledge Test**, with those achieving 80% or above receiving a personalised certificate.

It's completely free and students only need to register once for all four sessions.

Register free for Future Doctors Month - www.premedprojects.co.uk/free

Harlow College Supported Studies Open Event - Wednesday 21st October – 6pm to 7.30pm

The Supported Studies team at Harlow College are running a bespoke Open Event aimed at learners in Year 10 or 11 who have an EHCP.

Parents and learners will be able to meet the Supported Studies team and find out all about their programmes. They will be able to:

- Attend a presentation that demonstrates the wide variety of activities they do.
- Meet current students and hear about their experiences at college.
- View the classrooms, Sensory Room and their new kitchen
- Say 'hello' to Lula, their therapy dog

Meet in main Reception at 6pm for a 6.30pm. No need to book. Free parking is available on the campus, on a first come basis.

Open Events 2026-2027

Colleges & Sixth Forms	Contact No.	Open Date
Birchwood High School www.birchwoodhighschool.co.uk	01279 655936	Thurs 22 nd Oct 5-7.30pm
The Bishop's Stortford High School www.tbshs.org	01279 868686	Thurs 5 th Nov, 5.45-8.30pm
Bishops Stortford Football Academy academy@bsfc.co.uk		Awaiting date
BMAT STEM Academy www.bmatstemacademy.org	01279 621570	Thurs 15 th Oct 5pm-8pm
The College at Braintree (Now part of Colchester Institute) www.colchester.ac.uk	01206 814000	Mon 19 th Oct, 5pm-7pm Sat 14 th Nov, 10am-12pm
Cambridge Regional College www.camre.ac.uk	01223 418200	Weds 21 st Oct, 4.30-7pm Sat 14 th Nov, 9.30-12.30pm Sat 23 rd Jan, 10-12.30pm
Capel Manor College, Enfield www.capel.ac.uk	08456 122122	Weds 16 th Sept, 5.30pm-7pm Sat 10 th Oct, 10am-3pm
Chelmsford College www.chelmsford-college.ac.uk	01245 265611	Weds 7 th Oct, 6pm-8.30pm Weds 4 th Nov, 6pm-8.30pm Weds 3 rd Feb, 6pm-8.30pm
CRE8 apply@learntocre8.com		Awaiting date
Epping St Johns 6 th Form www.eppingstjohnsschool.org/	01992 573028	Weds 4 th Nov
Fashion Retail Academy www.fashionretailacademy.ac.uk	0207 3072345	Sat 17 th October Sat 28 th November Sat 16 th January
Harlow College www.harlow-college.ac.uk	01279 868000	Thurs 15 th Oct, 5pm-8pm Tues 2 nd March, 5pm-8pm
Hills Road Sixth Form College, Cambridge www.hrsfc.ac.uk	01223 247251	Open date in the summer term for year 10 students
Hertford Regional College www.hertreg.ac.uk	01992 411400	Thurs 24 th Sept, 5.30pm-8pm Tues 24 th Nov, 5.30pm-8pm Thursday 4 th February Tuesday 27 th April
Herts & Essex High School, Bishop's Stortford www.hertsandessex.herts.sch.uk	01279 654127	Tues 10 th Nov

Open Events 2026-2027

Colleges & Sixth Forms	Contact No.	Open Date
Hockerill Anglo-European School, Bishop's Stortford www.hockerill.herts.sch.uk	01279 658451	Sat 21 st Nov, 8.30am-12.30pm
Long Road Sixth Form College, Cambridge www.longroad.ac.uk	01223 631100	Open date in the summer term for year 10 students
Leventhorpe School, Sawbridgeworth www.leventhorpe.net	01279 836633	Tues 3 rd November
New City College (Epping Forest), www.ncclondon.ac.uk	0208 508 8311	Sat 21 st Nov, 10am-2pm Sat 30 th Jan, 10am-2pm
Presdales Sixth Form www.presdales.herts.sch.uk	01920 462210	Thurs 12 th Nov, 6-8pm
Sir Frederick Gibberd www.sirfrederickgibberdcollege.org	01279 307235	Weds 7 th Oct, 5pm-8pm
St Marks School, Harlow www.st-marks.essex.sch.uk	01279 421267	Thurs 12 th Nov
St Mary's Catholic School, Bishop's Stortford www.stmarys.net	01279 654901	Awaiting date
Stansted Airport College www.harlow-college.ac.uk	01799 513030	Sat 10 th Oct, 10am-2pm Thurs 11 th March
Writtle College www.writtle.ac.uk	01245 424200	Sat 10 th Oct, 10am Sat 21 st Nov, 10am

Please contact the institutions to check details and times before attending.
Also, be advised that most ask for you to book a place for these events online.



**Oct
8th**

Stewards and Passmore's
Careers Fair

When: 4:30pm - 7:00pm

Who: Year 10 & 11

Where:

**Stewards Academy
Parnall Road,
Harlow, CM18 7NQ**



Come along and have a chat with the following providers...

David Lloyd Fitness
Capel Manor
Central Training Academy
Harlow College
Sir Frederick Gibberd
Cre8
Leventhorpe
Herts & Essex
Borag Construction
Bishops Stortford FC Academy
Bishops Stortford High School
Harlow College
Princess Alexandra Hospital
St. Elizabeth's

British Army
Ryanair
Derrick Wade Waters
St. Mark's 6th Form
Harlow Leisure Zone
Harlow Council
Hertford Regional College
Stansted Airport College
Essex Police
Essex Youth Service
Group One Auto
Hockerill 6th Form
Accor Harlow Hotel
Ashton Roofing

FORTHCOMING EVENTS

Friday 9 th October	Friends of Passmores Quiz Night
Thursday 22 nd October	INSET Day
Friday 23 rd October to Friday 30 th October	Half Term
Monday 2 nd November to Friday 18 th December	Autumn Term 2
Monday 30 th November	INSET Day
Monday 21 st December to Friday 1 st January	Christmas Holiday
Monday 4 th January	INSET Day
Tuesday 5 th January to Friday 12 th February	Spring Term 1
Friday 29 th January	INSET Day
Monday 15 th February to Friday 19 th February	Half Term
Monday 22 nd February to Thursday 25 th March	Spring Term 2
Friday 26 th March to Friday 9 th April	Easter Holiday

ANY OTHER INFORMATION

KEY CONTACT INFORMATION

School Address

Passmores Academy, Tracyses Road, Harlow, Essex, CM18 6JH

Main Telephone

01279 770800

passmores@passmoresacademy.com

Student Absence

Report via the  Arbor app

Change of Contact Details

h.day@passmoresacademy.com

Student Services

pastudentservices@passmoresacademy.com

First Aid

pafirstaid@passmoresacademy.com

Extra-Curricular Clubs

h.day@passmoresacademy.com

Account / Trips

s.hodges@passmoresacademy.com

Homework

datateam@passmoresacademy.com

Free School Meals

pastudentservices@passmoresacademy.com

For a full list of staff contact details, click [here](#)

Reporting An Absence

If you need to report your child absent from school, please ensure you are following the correct procedure on Arbor.



If notifying us via the app:

- Click on the 3 lines (at the bottom left of the dashboard).
- Log Absence (green bar at the top)
- Complete the information and click 'Log Absence'

If notifying us from a web browser:

- Click on the 'Quick Actions' button
- Click 'Attendance'

FRIENDS OF PASSMORES PRESENTS

QUIZ NIGHT

**FRI
OCT
9**

**6.30
PM**

£5 PER PERSON

8 TO A TEAM

ALL AGES WELCOME

TICKETS VIA TICKETSOURCE

Bring your own food & drink!

**Some refreshments will be
available.**

Extra games throughout the night





Raising money to enhance your young person's education

OUR EVENTS

CHRISTMAS AND SUMMER FETES

Our Christmas Market Night brings in an array of outside stall holders selling lots of gifts and Christmas treats.

PASSMORES' GOT TALENT

We have now held two Talent shows. We doubled the amount of acts this year and introduced staff judges. The students involved can not wait to enter again in 2027

CAKE SALES/BINGO/QUIZ

These events get the brain working and the belly full! Packed with fun and laughter, there's something for everyone.

REFRESHMENTS AT SCHOOL EVENTS

During the year we support different events at the school to sell refreshments. These include: Parents/Carers and Information evenings, music and drama concerts and discos.

ABOUT US

Friends of Passmores is made up of staff and parents/carers of Passmores Academy, we work together to raise money to put back into the school, purchasing products to enhance the education of our students.

We try to hold an event each half term, from fetes, to cake sales, and talent shows.



WHY CHOOSE US?

- **Parents/Carers and Staff**

A great chance to work with your wider school community and to make a difference in your school.

- **A small time commitment – a big impact**

You can choose how much time you put into the team, but any time spent will make a big impact to your young persons education.

- **Educational Opportunities**

The money raised helps your child to enhance their education with new equipment or knowledge.



CONTACT INFORMATION

Contact us for more information or to join our team.

Email:

fop@passmoresacademy.com

Facebook: passmoresseasonalevents

Instagram: passmores_community

FRIENDS OF PASSMORES

CHRISTMAS MARKET

4TH
DECEMBER
2026
6PM - 8PM

THE GRINCH IS
BACK



£1 ADULT

50P U16 & OVER 60

FREE UNDER 5



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What Parents & Educators Need to Know about LOOKSMAXXING

WHAT ARE THE RISKS?

Looksmaxxing is an online trend focused on improving one's physical appearance, particularly among boys and young men. At the milder end, it can involve grooming, skincare, diet and exercise advice, sometimes called "softmaxxing". At its extremes, or "hardmaxxing", it can promote unproven or dangerous practices and contribute to body image concerns, low self-worth, and mental health difficulties.

TARGETING MALE INSECURITIES

Although usually aimed at men, looksmaxxing can also reach boys by promising to improve their appearance and dating success. Forums offer 'objective', and sometimes brutal, views on attractiveness, while influencers may make appearance seem all-important. Advice ranges from useful tips on hygiene, skincare, and fashion to more concerning guidance.

DUBIOUS ADVICE

Some advice moves into dubious territory. One example is "mewing", a tongue exercise claimed to create a more masculine jawline. The American Association of Orthodontists says evidence for its effectiveness is limited and warns that following such guidance could contribute to tooth alignment problems, bite issues, and speech difficulties.

EXTREME REMEDIES

Some DIY remedies are even more extreme and potentially dangerous. While fears of "bonesmashing" – which involves trying to alter the cheekbones using blunt objects for a more 'masculine' appearance – may sometimes be overstated in the media, other guidance can also cause harm. Untrained use of microneedling and derma rollers, taking substances or medication without appropriate medical guidance, and overusing skincare products can all have potentially harmful consequences.

BODY IMAGE ISSUES

This pursuit of physical perfection can become obsessive and contribute to serious body image issues. Exposure to looksmaxxing content can encourage teenagers to tie their appearance to their value and self-worth, as well as making boys and young men feel they need to change perfectly normal aspects of their appearance. This can be associated with disordered eating, overexercising, or other obsessive behaviours that interfere with everyday life.

MENTAL HEALTH PROBLEMS

As well as the physical consequences, body image concerns can be associated with mental health difficulties, such as depression, anxiety, low self-esteem, body dysmorphic disorder, and psychological distress. They can cause problems both at school and at home, with children and young people potentially avoiding social situations because they fear their appearance will be negatively judged by others.

A PATHWAY TO EXTREMES

Looksmaxxing has its roots in online 'incel' communities but has since become more mainstream on platforms such as TikTok. Algorithm-driven feeds may show users more extreme material as they interact with similar content. Some looksmaxxing spaces have also been linked with misogynistic, incel, and white supremacist ideologies.

Advice for Parents & Educators

WATCH FOR CHANGES

Keep an eye out for concerning behavioural changes in children and young people. This could include an obsession with diet and exercise, spending more time on social media apps, becoming secretive with their phone, or a shift in how they interact with friends and family. If a young person suddenly becomes distressed by their appearance or adopts rigid or extreme routines, try to understand what may be behind the change.

LISTEN FOR THE LINGO

Like many internet communities, looksmaxxing groups and influencers use distinctive language. As well as "mewing", mentioned above, you might hear terms such as "Chad" (an attractive male), "fold" (a misogynistic term for a woman), and "mogging" (looking more attractive than someone else). Other examples involve adding "maxxing" to another word, such as "jestermaxxing" (using humour to attract women) and "starvemaxxing" (extreme dieting).

CHECK THE SOCIAL MEDIA

Social media algorithms are tailored to each user, meaning what appears on your feeds may be dramatically different from what children see on theirs. Try to get an idea of the content children and young people are consuming online, and use available parental controls where appropriate. TikTok, for example, provides tools that can help families manage or filter certain types of content.

TALK TO YOUR CHILDREN

Open communication can help children and young people recognise misleading influencers and harmful online communities. Discuss unrealistic ideas about appearance and explain that some creators benefit from controversial or extreme content. Talk about the risks of unqualified health advice and how people's insecurities can be exploited online, while making it clear that it's okay to speak openly about any concerns.

Meet Our Expert

Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



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12th October	13th October	14th October	15th October	16th October
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