

# PASSMORES ACADEMY

4-week Lunch Menu

W E E K 1

## MONDAY

BBQ Chicken/BBQ Quorn with rice, peas and sweetcorn

Carrot Cake

## TUESDAY

Southern fried chicken tenders/vegan nuggets, tater toppers, baked beans

Chocolate chip cookie

## WEDNESDAY

Roast chicken/quorn fillet, roast potatoes, vegetables, yorkshire pudding, stuffing and gravy

Apple crumble and custard

## THURSDAY

Pork sausage/quorn sausage, mash potatoes, cabbage/carrots and gravy

Chocolate cake and chocolate custard

## FRIDAY

Cheese burger/ beef burger/ southern fried chicken burger/ chicken burger/ vegetable burger/ fish burger and chips

# PASSMORES ACADEMY

4-week Lunch Menu

W E E K 2

## MONDAY

Chicken tikka/quorn tikka, rice, sweetcorn/peas

Carrot cake

## TUESDAY

Southern fried chicken tenders/vegan nuggets, tater toppers, baked beans

Chocolate chip cookie

## WEDNESDAY

Roast chicken/quorn fillet, roast potatoes, vegetables, yorkshire pudding, stuffing and gravy

Apple crumble and custard

## THURSDAY

Pork sausage/quorn sausage, mash potatoes, cabbage/carrots and gravy

Chocolate cake and chocolate custard

## FRIDAY

Cheese burger/ beef burger/ southern fried chicken burger/ chicken burger/ vegetable burger/ fish burger and chips

# PASSMORES ACADEMY

4-week Lunch Menu

W E E K 3

## MONDAY

BBQ Chicken/BBQ Quorn with rice, peas and sweetcorn

Carrot cake

## TUESDAY

Southern fried chicken tenders/vegan nuggets, tater toppers, baked beans

Chocolate chip cookie

## WEDNESDAY

Roast chicken/quorn fillet, roast potatoes, vegetables, yorkshire pudding, stuffing and gravy

Apple crumble and custard

## THURSDAY

Pork sausage/quorn sausage, mash potatoes, cabbage/carrots and gravy

Chocolate cake and chocolate custard

## FRIDAY

Cheese burger/ beef burger/ southern fried chicken burger/ chicken burger/ vegetable burger/ fish burger and chips

# PASSMORES ACADEMY

4-week Lunch Menu

W E E K 4

## MONDAY

Chicken korma/quorn korma, naan bread, rice and sweetcorn

Carrot cake

## TUESDAY

Southern fried chicken tenders/vegan nuggets, tater toppers, baked beans

Chocolate chip cookie

## WEDNESDAY

Roast chicken/beef/quorn fillet, roast potatoes, vegetables, yorkshire pudding, stuffing and gravy

Apple crumble and custard

## THURSDAY

Chicken pie, mash potatoes, cabbage/carrots and gravy

Chocolate cake and chocolate custard

## FRIDAY

Cheese burger/ beef burger/ southern fried chicken burger/ chicken burger/ vegetable burger/ fish burger and chips

# PASSMORES ACADEMY

## POD MENU

### MONDAY

Pepperoni pasta

GF Vegetarian pasta

### TUESDAY

Southern fried chicken tenders/vegan nuggets, tater toppers, baked beans

### WEDNESDAY

Chilli beef taco

### THURSDAY

Chicken fajita boats

Gluten free chicken fajita wraps

### FRIDAY

Beef burger/ chicken burger/ vegetable burger/ fish burger and chips

Jacket potatoes available Monday - Thursday

GLUTEN FREE OPTION AVAILABLE PRE ORDER ONLY

# PASSMORES ACADEMY

## SANDWICH BAR MENU

Assorted filled rolls

Paninis

Snacks

Crisps

Breakfast bars

Fruit pots

Fruit

Popcorn

Milkshakes

Juice

# PASSMORES ACADEMY

## BREAKFAST CLUB

Cereal

Gluten free cereal

Bagels with jam and butter

Cooked breakfast available on a Friday

Bacon, Sausage, Egg, Hash brown, Baked beans, Mushrooms

Sausage in a roll

Bacon in a roll

Double sausage

Double bacon